JOHN RANKIN SCHOOLS
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14th October 2026

Dear Year 5 Families,

Trip dates: Wednesday 11th November to Friday 13th November

As our residential trip to **Liddington** fast approaches, we wanted to share some final reminders and ensure that you and your child are fully prepared for what promises to be an exciting and memorable experience.

Attached to this email, you will find the required kit list to support packing, along with photographs of the site and accommodation. You may wish to share these with your child beforehand, particularly if this will be their first residential experience away from home.

After reading this information, we kindly ask that you complete the required Child information, medical and consent form by **Wednesday 4th November,** along with any online medication form required. This will allow the teachers time to review the information provided and contact you if they have any questions before the trip.

During their time at Liddington, the children will take part in a range of exciting outdoor and adventure activities, including **archery, trapeze, sensory trail, zip wire, abseiling and the vertical challenge**. These activities are designed to build confidence, resilience, teamwork, communication and problem-solving skills, whilst encouraging children to challenge themselves in a safe and supportive environment.

Medication and Special Dietary Requirements

All medication must be placed in a **clear named bag** and handed directly to your child's class teacher on the morning of departure. Please complete one online medication form per medicine required to be administer by **Wednesday 4th November.**

Teachers will have a printed copy of the completed medication form with them at drop off. Please be mindful that this process may take some time if a large amount of medication is being handed in, as it is our utmost priority to ensure everything is checked thoroughly and accurately.

Maiden Erlegh Trust is a company limited by guarantee and an exempt charity registered in England and Wales under company number 07548754 with registered office at Silverdale Road, Earley, Reading, RG6 7HS.

We will already have any medication that is routinely kept in school, but please ensure it is up to date.

If there is any additional information we should be aware of, please inform your child's class teacher or the school office as soon as possible. This information is important in helping us meet your child's needs while at Manor Adventure.

If your child begins a course of medication shortly before the trip, please speak to their teacher so that a medication form can be completed before departure.

Please also let us know if your child has any allergies to medication, should we need to seek medical advice during the trip.

Medication must be handed directly to a teacher and must not be kept by your child.

Children who are vegetarian or have specific dietary requirements, including allergies or intolerances, will be fully catered for. They will enjoy a range of nutritious meals designed to provide plenty of energy for the activities ahead.

Travel Arrangements

Children will need a small bag with them for the outward journey, including a packed lunch for that day, a water bottle and anything they may need for the coach journey, such as playing cards or a book for light entertainment. Please note that children eligible for means-tested free school meals will be provided with a picnic lunch from school.

As we are leaving later in the morning, we ask parents and children to come directly to the Junior Hall at the normal school arrival time of **8.35am** to drop off luggage and medication. Please be mindful that children need to be able to carry their own luggage and rucksack. Members of staff will be there to greet you, and medication should be handed directly to your child's class teacher.

Once luggage and medication have been handed in, children will say their goodbyes and go to their classrooms. We understand that this can be an emotional moment for some children, and we will be there to support them.

We kindly request that parents do not return when the coaches depart, as this helps ensure the smoothest possible departure for all children.

The children are expected to arrive back at school at approximately **3.00pm** on Friday. We will update families via email if there are any delays due to traffic.

If your child experiences travel sickness, please let us know so that we can seat them towards the front of the coach. If necessary, your child should take travel sickness medication before departure, or you should ensure we know when it needs to be administered before we leave. Please provide any additional tablets required for the return journey in a clearly named envelope or packet, and complete an online medication form.

Communication

Once the children arrive at the centre (approximately 12.00pm), we will send a short message confirming their safe arrival. We will also send one brief update during the trip, via our usual school communication systems.

Should you urgently need to contact staff, please notify the school office and they will ensure that we receive the message as quickly as possible.

We will also post regular updates on the John Rankin Facebook and Instagram pages. Please note our school photo policy has changed and no facial photos will be published.

As always, no news is good news. However, if there are any concerns regarding your child, we will contact you promptly.

Accommodation

Children will be staying in shared rooms and will need to be considerate of others.

Adults will be staying nearby, and children will be informed which room to go to if they need assistance during the night. Your child may wish to bring a soft toy or mascot, which is absolutely fine.

Please inform us if your child is likely to experience any difficulties during the night, such as bedwetting or sleepwalking. Bedwetting will be handled discreetly. In this instance, we recommend sending an additional sleeping bag. If your child sleepwalks, they will likely not be allocated a top bunk.

It is also useful for children to bring a book, puzzle book or similar quiet activity. They will be able to read before lights out and will have something to do if they wake up early.

Please do not send: radios, CD players, mobile phones, smartphones, MP3 players, iPods, smartwatches, cameras, electronic games or GPS tracking devices.

Children are expected to stop chatting once "lights out" has been announced and remain in their rooms until an adult wakes them in the morning, at approximately

7.00am. They will also be expected to look after their belongings and keep their rooms tidy.

Clothing

Children do **not** need to wear school uniform. Children should wear comfortable clothing suitable for outdoor activities and the time of year. Please ensure they bring plenty of layers and a pair of clean, non-slip indoor shoes or slippers for use inside the accommodation. Full details can be found on the attached kit list.

Please bear in mind that children rarely pack as tidily as adults, so it is helpful to leave some extra space in their luggage. A packing checklist can also be useful, enabling children to tick items off when repacking for the journey home.

A plastic bag for dirty laundry is recommended. We also encourage families to involve children in the packing process so that they know where their belongings can be found.

Spending Money

There is no shop on site; therefore, spending money is not required.

Behaviour and Wellbeing

Throughout the trip, children will be expected to follow the same high standards of behaviour that we expect in school. Good manners, respect for others and positive conduct will be encouraged at all times to ensure everyone has a safe and enjoyable experience.

All children will receive a safety briefing from Liddington staff on arrival, and a fire drill will be completed during the visit. To help children feel fully prepared, Year 5 staff and the pastoral team will also be running sessions in the coming weeks where children can ask questions, share any worries and learn more about what to expect.

Accompanying Adults

The children will be accompanied by their class teachers and other familiar members of staff. We are extremely grateful to all those giving their time to make this experience possible.

Illness

Should your child become unwell during the trip, we will take appropriate action and contact you if necessary. Please ensure that the school has your most up-to-date contact details before departure.

Insurance

We recommend taking out a travel insurance policy for your child for this trip, in case they are unable to attend due to illness and you need to reclaim any associated costs.

Payments

Please ensure that your payments are up to date, in line with the agreed payment schedule before the trip.

We fully understand the financial pressures many families face. If you need to discuss an alternative payment arrangement, please contact the school office, who will be happy to help.

If you have any further questions, please do not hesitate to contact the school office or speak with your child's teacher.

We are very much looking forward to this exciting opportunity and know that the children will make many lasting memories during their time at Liddington.

Kind regards,

The Year 5 Team
John Rankin Schools