Y1 PSHE

Celebrating Difference

In this unit, I will learn:

- similarities between myself and others in my class
- differences between myself and people in my class
- bullying and how it might feel
- who to talk too if I need help
- strategies to make friends

In this unit, I will explore:

- how I am like my friends
- how I am different from my friends
- the ways I can support someone who is being bullied
- how it feels to make new friends
- what makes me special and unique

Outcome

In this unit, the class explore how people can be similar and different, reflecting on their own similarities and differences while learning to include others, use kind words and recognise what makes them special. They develop an understanding of what bullying is, how it can make people feel, and who they can talk to if they need help.

Reflection:

- How are you the same as your friends?
- How are you different from your friends?
- Why do our differences make us special?
- What does it mean to include others?
- How can you help someone to feel included?
- How do you make a new friend?
- What does a good friend do?
- How does it feel when you make a new friend?



Key Vocabulary

Similarity

Difference

Special

Unique

Celebrations

Included

Lonely

Safe

Courtesy

Manners

Bullying

Behaviour

Deliberate

Learning Questions:

What is similar about people in my class?

How are people in my class different?

What is bullying?

What should I do about bullying?

How does it feel to make a new friend?

How are we all special and unique?