FS1 Physical Development- Birth to three years

What I need to learn	How I can learn and develop these skills- what will be provided?
I am able to control my body using large movements (waving, kicking, rolling, crawling and walking) I can clap and stamp to music I can fit my body into spaces (like tunnels, dens and large boxes) and move around in them I am starting to kick, throw and catch balls. I can walk, run, jump and climb I am starting to use the stairs independently. I can spin, roll and independently use ropes and swings (for example, tyre swings). I can sit on a push-along wheeled toy I can begin to use a scooter or ride a tricycle. I can explore different materials and tools (chalks, brushes, sponges) I can reach out for objects I can pass things from one hand to the other I can let go of things and hand them to another person. I can build using a range of appropriate resources (duplo, wooden blocks, magnetic tiles) I am developing my independence by feeding myself I am developing my independence by starting to dress/undress	Daily opportunities for music and movement-CD player/music. Action songs. Large soft play equipment accessible to children Outdoor continuous provision-tricycles/see-saw, bikes. Children will be supported in using the large climbing frame and A-frame. Continuous provision to support fine motor development- playdough, sand, water tray, chalks, chunky crayons Free flow snack-Children to be supported in choosing their snack/drink and feeding themselves. Independence is encouraged at lunchtimes and adults to model. Ball play – rolling, throwing, kicking,aiming. Action games – move like a frog, a bear, a crab **Text** **From Head to Toe** **We're going on a bear hunt** **Dear Zoo** **I can do it myself** **My first book of body parts**