FS1 PSED- Birth to three years

What I need to learn	How I can learn and develop these skills-what will be provided?
I can find ways to calm myself (through being calmed and comforted by key person) I am able to manage transitions (for example from their parent to their key person) I can express what I like and dislike I am starting to try new things I can play with happily on my own I can play with other children I am developing my confidence in exploring the local neighbourhood I enjoy exploring new places with my key person. I am growing in independence (sometimes rejecting help) I am beginning to use the toilet with help, and then independently I can wash my hands with support I can notice and may ask questions about differences (e.g. skin colour, types of hair, gender, special needs and disabilities) I am beginning to develop friendships with other children.	Home visits to develop relationships Stay and play sessions before starting at the setting Settling in visits All about me sheets from carer parent. Attachment photograph of family in the setting. Toy sorting (Like vs Don't like) piles Yummy or yucky game – tasting different foods Book talk time, (would you like that?) Feelings and faces (happy/sad) game Walks around the school grounds Stories in the school grounds Visiting the hall for ring games **Texts** **The Colour Monster** **That's not my…** **I am Enough** **Sharing a Shell** **When Sophie gets Angry – Really, Really Angry** **No More Nappies** **I Want my Potty**